

CHC33015 Certificate III in Individual Support (Ageing)



ONLINE STUDY with Work Placement

About the Course:

Recognition: Nationally Recognised Training

Start Date: *Enrol anytime; study anytime*

Duration

A maximum of twelve (12) months is allowed for you to complete this qualification. The course is flexible and you can do the units in your own time and at your own pace, fit your study around your work, family or life-style. Study at home, in the park or at the beach – the location and time are yours to choose!

If you believe that you will need additional time to complete the course, please contact the Training Manager and work out a duration that you feel comfortable with.

Delivery

The delivery is online and takes about 840 hours to complete the units over the twelve (12) month period. You should allow yourself approximately 16 hpw for study purposes. In addition, you will need to allow 120 hours for the mandatory work placement in this course plus approximately 240 hours for research, projects or case studies. As you complete one unit, you will be allocated the next unit by your trainer, whom you can ring or email to discuss any concerns you may have. We support you all the way.

Course Outline

There are thirteen (13) units in the CHC33015 Certificate III in Individual Support (Ageing) course, seven (7) core units and six (6) electives. There are three (3) electives that you must do for the 'Ageing' specialisation, but you may choose three alternative electives from the National Training Package electives to the ones we recommend for this qualification. Check out the electives on training.gov.au.

The CHC33015 Certificate III in Individual Support (Ageing) is designed for those persons who want to learn new skills to become an integral part of the health and community sector and become highly-employable as a Care Worker.

This course is perfect for participants who want to gain a nationally recognised qualification which will open employment doors across Australia, as this course will train you for entry-level care work positions

This comprehensive course is also very useful for people who are currently volunteering in the health and community sector but who consider that they need some formal training in key areas perhaps to obtain a full-time or part-time job.

Potential employers need staff with strong empathy for older people in the community who may also be frail and/or slightly disabled and requiring support. Good service skills and people who are organised and pay attention to detail and have a genuine willingness to help others are highly valued in this ever-growing industry. This course allows you to develop those skills and during your studies you will learn:

- About the human body and how to support its healthy functioning.
- How to facilitate the empowerment of older people.
- How dementia can affect a person, as well as strategies for caring for and monitoring a client with dementia.
- How to support client independence and wellbeing.
- The skills to meet personal client support needs.
- The tools to communicate and collaborate effectively with clients, their families and co-workers.

The course also teaches you Work Health and Safety (WHS) regulations and how to deal with these issues in the workplace.

Today's ageing population requires more than traditional aged care facilities. Not only do older persons, but also their families, want accommodation options that provide high levels of respect and personal care, plus

strong empathy for their situation - all combined within a warm, friendly environment. Our ageing population of baby boomers are demanding of quality care. Residential and community organisations are mindful of employing quality staff to meet those demands.

An online course is a fantastic way to get ahead in the community sector and to start on an interesting and potentially lucrative career path.

Recognition of Prior Learning (RPL)

Recognition of Prior Learning (RPL) is available to all students applying for this qualification. Recognition of prior learning is the recognition of your current skills and knowledge acquired through prior learning from other training, work or life experience. Conditions apply so please check with the College if you believe you may be eligible. If you are granted RPL, this will shorten the units and the time you are required to study.

Entry requirements

Education

There is no formal pre-requisite for enrolling in this course. However, this course involves lots of reading and undertaking a range of written assessments, and importantly, writing accurate case notes such as those required in the workplace. As a result, it is preferable that you should have:

- A good command of English language skills (both written and verbal), and
- Completed year 10, or equivalent; or
- Completed a similar-type qualification at Certificate II level or higher; or
- Two (2) years of paid or voluntary industry experience in a similar role

We do, however, understand that not everyone is able to read, write and perform mathematical calculations to the same level. We offer Language, Literacy and Numeracy assessment and support services through our dedicated team. Don't hesitate to ask for help in you consider you need it – all enquiries are strictly confidential.

Minimum Age

You should preferably be 18 years old to enrol in this course and be committed to completing the course. You should be aware that there is a high level of emotion and stress in this field of work and, therefore, you require a reasonable level of maturity to cope. If you are under 18 you will require permission to enrol from a parent or guardian.

Resources

You will need access to a computer or laptop with internet access and be able to use MicroSoft Office suite. You will be advised of what learner workbooks you will need to purchase (if any). You will be provided with a user name and password to access our online learning system and you will have trainer support to answer any queries you may have about your subjects.

We provide a link to MicroSoft Office 365 for free for the duration of your studies, so if you don't have MicroSoft Office suite on your computer, please let us know.

You will require basic computing skills – this requires the ability to:

- Create, save and edit MicroSoft Office documents.
- Use emails plus associated features such as attachments
- Access and search the internet.
- Upload documents
- Download and save documents from websites.

Technology requirements

You will need access to a computer with the following:

- Operating System: Windows 7 or higher (recommended); MAC OS X 10.6 or higher (recommended)
- CPU: Min. of 2 GB of RAM, Min. of 2 GB of spare disk space is preferable
- Processor: 2.0 GHz processor or higher (32-bit or 64-bit)
- Monitor w/ at least 1024x768 screen resolution

- Internet access: Minimum ADSL1 with a speed of at least 1.5Mbps
- Word processing software e.g. Microsoft Office
- The latest version of Java, QuickTime, Adobe Reader, Adobe Flash Player
- Speakers and microphone/headset
- Valid personal email address
- Up-to-date web browser version

Physical requirements

You will need to reasonably fit, as the role may involve a variety of physical tasks, such as those associated with providing personal care, assisting clients with mobility issues, transfers (e.g. between bed and wheelchair) and considerable lengths of time standing and walking.

Assessments

The unit of competency titled CHCCCS023 Support independence and well-being** is required to be delivered and assessed in the work place. You will need to organise work placement with an Aged Care or Residential facility which will need to be checked and approved by the College. Students should note that the work placement component is compulsory.

Additionally, several units will be assessed both in a simulated work environment as well as in the actual workplace. Assessments in many of the units must be undertaken on at least 2 or 3 separate occasions. You will be advised by your trainer as to which assessments must be undertaken on multiple occasions.

Assessments typically take the form of:

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| • Short-Answer Questions | • Case Studies |
| • Written Assessments | • Portfolio of Evidence |
| • Written Reports | • Presentations |
| • Practical Observations | • Log Book |
| • Third-party Reports (e.g. Host employer) | |

During your course, a College assessor will visit you in the workplace and in consultation with the host employer observe and assess you performing daily tasks on multiple occasions to determine your competency.

You will need to demonstrate that you can follow individual client care plans, monitor their progress, make recommendations, write-up client reports, liaise with family members, etc. You will have access to the College's simulated aged care facility resources or, if you are already working in the industry, you should be able to use the facility's resources to demonstrate your competency with these tasks.

The host employer is required to provide an attendance record plus a third-party report as to your capabilities and client interaction on-the-job. However, the final decision as to your competence will be determined by your Trainer/Assessor on a Practical Task Observation Checklist.

Career Possibilities

- Assistant in Nursing
- Community Care Worker
- Home Care Assistant
- Care Worker
- Residential Support Worker
- Residential Care Worker

Unique Student Identifier

You will be required to have a Unique Student Identifier (USI). This is a special number that is allocated to each person studying in Australia to make it easier for you to check what courses you have undertaken and your results at any time. We can assist you in applying for a USI if you don't already have one.

Work Placement or Licensing Requirements:

There is a 120-hour, mandatory work placement component in this course. The unit CHCCCS023 Support independence and well-being (see above**) **must** be delivered and assessed in the workplace in order for you to qualify for the award of a Certificate.

Whilst there are no specific licensing requirement in this course, these days host employers require an Immunisation Record plus a Police Record Check prior to commencement of the work placement. We can assist you with information as to how to obtain these documents.

Course Structure

Units of Competency	
CORE UNITS	
1.	CHCCCS015 Provide individualised support
2.	CHCCCS023 Support independence and well-being (see above**)
3.	CHCCOM005 Communicate and work in health or community services
4.	CHCDIV001 Work with diverse people
5.	CHCLEG001 Work legally and ethically
6.	HLTAAP001 Recognise healthy body systems
7.	HLTWHS002 Follow safe work practices for direct client care
ELECTIVE UNITS	
8.	CHCAGE001 Facilitate the empowerment of older people
9.	CHCCCS011 Meet personal support needs
10.	CHCDIS003 Support community participation and social inclusion
11.	CHCCCS025 Support relationships with carers and families
12.	HLTINF001 Comply with infection prevention and control policies and procedures
13.	CHCAGE005 Provide support to people living with dementia

There is some flexibility in studying the elective units. If you wish to change any of the elective units, please discuss your individual requirements with our Smart and Skilled Manager on 02-9791 6555 or complete the online enquiry form.

Units of study will be allocated by the Trainer/Assessor. Your progress will be monitored throughout the course via trainer access to your work on our e-learning platform. As you complete one unit, you will be allocated the next unit according to the Training Plan developed for you.

Completion

Upon successful completion of this course you will receive a nationally-recognised CHC33015 Certificate III in Individual Support (Ageing). Students who complete only some units of this course may receive a Statement of Attainment for the Units of Competency completed.

Contact Us

If you are interested in this course, please do not hesitate to ring the College on 02 9791 6555 and ask to speak to our Course Consultant or our Training Manager. They will be happy to help you work out whether this course is the right one for you. Alternatively, you could send an email to deborahc@tbc.nsw.edu.au.